The Greek word “charis” means grace and goodwill.

It conveys the mercy and loving kindness by which God strengthens mankind and turns lives around.

Through rigorous research, the Charis Institute is uncovering the power of “charis” to strengthen lives and support marriages and families as cornerstones of every society. That is the heart of the institute.

We invite you to join us as we seek to promote healthier interconnections and exponential benefits globally together.
As society fails to alleviate and remediate mental health disorders, we see alarming rates of divorce, family strife, poverty, inadequate education, and poor nutrition are just some of those results. The Charis Institute, powered by Regent University and the School of Psychology & Counseling, is working to change that. We provide practical marriage and family resources and tools to empower pastors, professors, families, and researchers to intervene and care for others. Our goal is to address these common questions with meaningful answers:

What to do? | How to do it? | Does it work?

WHO WE SERVE

• Church and parachurch teams seeking marriage and family education and intervention strategies.
• Counselors and psychologists in need of research and resources.
• Scholars seeking tools to train mental health professionals.
• Individual married couples and families ready for change.

THE ISSUE OF MARRIAGE AND FAMILY IS OF CRITICAL CONCERN.

HOW WE SERVE

The Charis Institute is focused on the creation of tangible, practical marriage and family enhancement resources for education and church contexts.

Education
Resourcing university students and clinicians in counseling and psychology globally.

Training
Preparing pastors and lay counselors to care for your church body through the power of psychological literature combined with ministry tools.

Research
Examining and assessing our work to ensure that it is helping families, couples, and ministries to flourish.

Social Transformation
Influencing grassroots initiatives for broad social impact.

We are a community of scholars who conduct social science research into the application of Christian-related themes on marriage and families across cultures and nations. We measure the effect of our education, training and family impact to produce effective ministry.

MEET OUR DIRECTORS

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